

# Duke Research Study



For more  
Information  
contact  
Dr. Eric Elbogen  
at  
vetstudy@duke.edu  
919-681-1613

## **Pain Management for OEF/OIF/OND Veterans**

**If you are a veteran who served after 9/11 and have been diagnosed with both a Traumatic Brain Injury (TBI) and Posttraumatic Stress Disorder (PTSD), you may be eligible to participate in a research study that aims to see if a mobile-technology program can help with chronic pain. The study involves:**

- **An initial four hour interview at Duke.**
- **Using an iPod Touch® at home to train your brain to be in a more relaxed state.**
- **Two appointments in your home to ask about your use of the iPod Touch®.**
- **A second four hour interview at Duke three months later.**
- **Veterans will be compensated for study participation.**
- **Veterans who complete the study will also be able to keep the iPod Touch®.**